

Susquehanna River Hawk Multi & Invitational

Doug Arthur Stadium - 4/11/2024 to 4/13/2024

Results

Women 100 Meter Dash					14	Kelly Loughlin	JR	Susquehanna	28.09	3.1
Facility:		11.99 F 2023	Valandra Riggins		15	Nicole Zambetti	JR	King's (Pa.)	28.15	3.1
AARTFC:		12.50 A			16	Claudia Chong	FR	Ithaca	28.36	3.1
Name	Yr	School	Prelims		17	Ashanti Stanley	SR	Ithaca	28.44	3.1
Preliminaries					18	Kaden LeChase	FR	Ithaca	28.61	3.1
1	Grace Kane	SO	Delaware Val	12.74Q1.6	19	Chante Newman	SR	Delaware Val	28.98	2.9
2	Olivia Smiarowska	FR	Delaware Val	13.06Q2.9	20	Avery Francis	SR	Susquehanna	29.38	3.1
3	Natalie MacArthur	JR	Ithaca	13.10q 1.6	21	Lara McGlynn	FR	King's (Pa.)	30.30	2.9
4	Addison Yaukey	JR	Susquehanna	13.15q 1.6	---	Alexa Rine	SR	Susquehanna	DNS	2.6
5	Juliet Brady	JR	King's (Pa.)	13.15q 2.9	---	Yamilet Ferruffino	SR	Bloomsburg	DNS	2.9
6	Kelly Loughlin	JR	Susquehanna	13.26q 2.9	---	Tayla Hummel	FR	Ithaca	DNS	2.6
7	Julia Ryba	FR	Ithaca	13.35q 1.6	---	Abby Rochester	FR	Bloomsburg	DNS	2.9
8	Claudia Chong	FR	Ithaca	13.47q 2.9	---	Caitlyn Kuhn	SR	Susquehanna	DNS	3.1
9	Grace Croft	FR	Ithaca	13.48 1.6	---	Heather Leskovansky	FR	Lock Haven	DNS	2.9
10	Abby Rochester	FR	Bloomsburg	13.56 1.6	Women 400 Meter Dash					
11	Emma Neskie	0	Penn State T	13.82 2.9	Facility:		56.09 F 2023	Susan Bansbach		
12	Ashley Goodwin	0	Penn State T	14.21 1.6	AARTFC:		59.00 A			
13	Lara McGlynn	FR	King's (Pa.)	14.25 2.9	Name	Yr	School	Finals		
14	Malak Mowafi	JR	PSU-Schuylki	15.94 1.6	Finals					
---	Jordyn Dolan	JR	Ithaca	DNS 2.9	1	Payton Smith		Penn State T	58.63	A
---	Alexa Rine	SR	Susquehanna	DNS 2.9	2	Ashley Newman	SO	Susquehanna	1:02.39	
Women 100 Meter Dash					3	Giana Haubrich	JR	Ithaca	1:02.48	
Facility:		11.99 F 2023	Valandra Riggins		4	Abby Megotz	FR	Marywood	1:03.36	
AARTFC:		12.50 A			5	Laura Dainauski	JR	King's (Pa.)	1:03.70	
Name	Yr	School	Finals		6	Ava Butcher	FR	King's (Pa.)	1:04.05	
Finals					7	Liza Levin	JR	Susquehanna	1:05.40	
1	Grace Kane	SO	Delaware Val	12.67 2.2	8	Caitlyn Kuhn	SR	Susquehanna	1:05.56	
2	Natalie MacArthur	JR	Ithaca	12.93 2.2	9	Nicole Zambetti	JR	King's (Pa.)	1:05.86	
3	Juliet Brady	JR	King's (Pa.)	13.04 2.2	10	Melissa Sicinski	SR	Bloomsburg	1:06.41	
4	Olivia Smiarowska	FR	Delaware Val	13.04 2.2	11	Kaden LeChase	FR	Ithaca	1:06.61	
5	Addison Yaukey	JR	Susquehanna	13.08 2.2	12	Avery Francis	SR	Susquehanna	1:12.27	
6	Kelly Loughlin	JR	Susquehanna	13.30 2.2	13	Chante Newman	SR	Delaware Val	1:12.83	
7	Julia Ryba	FR	Ithaca	13.44 2.2	14	Sophia Williams	FR	Marywood	1:22.35	
8	Claudia Chong	FR	Ithaca	13.62 2.2	---	Kelly Hastings	SR	Delaware Val	DNS	
Women 200 Meter Dash					Women 800 Meter Run					
Facility:		24.38 F 2017	Chelsie Hayward		Facility:		2:11.74 F 2015	Ashley West		
AARTFC:		25.70 A			AARTFC:		2:21.00 A			
Name	Yr	School	Finals		Name	Yr	School	Finals		
Finals					Finals					
1	Ava Butler	FR	Ithaca	25.82 2.6	1	Victoria Urbaez	FR	Susquehanna	2:26.45	
2	Natalie MacArthur	JR	Ithaca	25.91 2.6	2	Meah Eshelman	FR	Bloomsburg	2:29.37	
3	Devan Adegbile	SR	Ithaca	26.58 2.6	3	Lyla Powers	FR	Ithaca	2:31.68	
4	Addison Yaukey	JR	Susquehanna	26.79 2.6	4	Hayley Gaines	SR	Marywood	2:32.52	
5	Abby Megotz	FR	Marywood	26.84 3.1	5	Brianna Dumond	SR	Bloomsburg	2:33.92	
6	Juliet Brady	JR	King's (Pa.)	26.98 3.1	6	Emma East	FR	Delaware Val	2:34.76	
7	Carolina Cedraschi	SO	Ithaca	27.18 2.6	7	Katie Wojton	FR	Susquehanna	2:35.40	
8	Melissa Sicinski	SR	Bloomsburg	27.43 2.6	8	Anna Conklin	SR	Susquehanna	2:36.99	
9	Julia Ryba	FR	Ithaca	27.52 3.1	9	Gabby Howe	FR	Susquehanna	2:38.32	
10	Rachel Larson	SO	Ithaca	27.76 3.1	10	Alyssa Keeley	SO	Bloomsburg	2:40.53	
11	Laura Dainauski	JR	King's (Pa.)	27.76 3.1	11	Maddie Gentile	SR	Marywood	2:41.24	
12	Ava Butcher	FR	King's (Pa.)	27.88 3.1	12	Alyssa Blackmon	SR	Delaware Val	2:43.26	
13	Celia Ryan	FR	Ithaca	28.08 3.1	13	Marissa Martin	FR	Marywood	2:44.20	
					14	EmmaLia Ciccarello	FR	Susquehanna	2:44.39	
					15	Ashlyn Albright	FR	Bloomsburg	2:44.69	

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Results

Finals ... (Women 800 Meter Run)				
Name		Yr	School	Finals
16	Vanessa Tiggelen	0	Penn State T	2:44.73
17	Grace Farrer	JR	Susquehanna	2:46.76
18	Carmen Moore	FR	Susquehanna	2:47.91
19	Shannon Kelly	SR	Bloomsburg	2:48.50
20	Elizabeth Porto	JR	King's (Pa.)	2:51.79
21	Ella Bray	SO	Lock Haven	2:52.75
22	Samantha Swearingen	FR	Delaware Val	2:54.11
23	Cecilia Chipriano	SO	King's (Pa.)	2:55.75
24	Gabrielle Snee	JR	Marywood	2:58.38
25	Stefany Steckel	SO	Lock Haven	3:16.45
26	Mara Ryan	FR	King's (Pa.)	3:24.02
---	Alannah Perkins	FR	Delaware Val	DNS
---	Payton Smith		Penn State T	DNS
---	Jocelyn Dames	SO	Marywood	DNS
---	Sophia Bostwick	FR	Susquehanna	DNS
---	Kaitlyn Newberry	SO	Marywood	DNS

Women 1500 Meter Run				
Facility: 4:29.76 F 2023		Windsor Ardner		
AARTFC: 4:50.00 A				
Name		Yr	School	Finals
Finals				
1	Jessica Goode	SO	Ithaca	4:58.39
2	Joy Petersen	SO	Ithaca	5:03.93
3	Alyssa Keeley	SO	Bloomsburg	5:13.56
4	Emily Johnson	JR	Ithaca	5:15.00
5	Sophia Pasquariello	JR	Susquehanna	5:18.24
6	Maddie Gentile	SR	Marywood	5:23.56
7	Melina Turner	FR	Bloomsburg	5:25.52
8	EmmaLia Ciccarello	FR	Susquehanna	5:28.15
9	Ashlyn Albright	FR	Bloomsburg	5:37.72
10	Gabrielle Snee	JR	Marywood	5:42.95
11	Sydney Mitros	JR	Susquehanna	5:45.86
12	Cecilia Chipriano	SO	King's (Pa.)	5:47.48
13	Alison Sponseller	FR	Susquehanna	5:47.63
14	Ella Bray	SO	Lock Haven	5:49.22
15	Kaitlyn Newberry	SO	Marywood	5:54.91
16	Katrina Hook	JR	Susquehanna	5:57.25
17	Samantha Swearingen	FR	Delaware Val	6:03.21
18	Alannah Perkins	FR	Delaware Val	6:30.19
19	Stefany Steckel	SO	Lock Haven	6:36.68
20	Mara Ryan	FR	King's (Pa.)	6:44.06
21	Farangiz Kholmatova	FR	PSU-Schuylki	7:06.92
---	JiaYi Gong	SO	PSU-Schuylki	DNS
---	Griane Reed	JR	Susquehanna	DNS
---	Sophia Bostwick	FR	Susquehanna	DNS

Women 5000 Meter Run				
Facility: 17:15.59 F 2012		Sheena Crawley		
AARTFC: 18:45.00 A				
Name		Yr	School	Finals
Finals				
1	Alyssa Blackmon	SR	Delaware Val	19:18.13
2	Zoe Tomko	JR	King's (Pa.)	19:33.70

3	Mikaela Majcher	JR	King's (Pa.)	20:19.97
4	Julia Johnson	JR	King's (Pa.)	20:33.32
5	Kylie Dixon	JR	Susquehanna	20:35.96
6	Ayla Kerwan	FR	Susquehanna	23:05.16

Women 10000 Meter Run				
Facility: 36:49.27 F 2023		Kerry Flower		
AARTFC: 40:30.00 A				
Name		Yr	School	Finals
Finals				
1	Rachael Smith	SO	Houghton	43:35.02
2	Phebe Grant	SR	Houghton	43:45.13
3	Delaney Grant	FR	Houghton	44:04.12
---	Milana Straub	JR	Marywood	DNS

Women 100 Meter Hurdles				
Facility: 13.99 F 2023		Laura Mathews		
AARTFC: 15.65 A				
Name		Yr	School	Finals
Finals				
1	Chloe Yoder	SR	Susquehanna	13.89 2.7
2	Rachel Larson	SO	Ithaca	15.09 2.7
3	Denicia German	FR	Susquehanna	16.61 2.7
4	Madeline Ikeler	FR	Bloomsburg	16.90 2.7
5	Claudia Chong	FR	Ithaca	17.68 2.7
6	Alexis Brown	FR	Ithaca	17.69 2.7
7	Cameron Hoover	FR	Bloomsburg	18.15 2.7
---	Emma Wagner	JR	Marywood	DNS 2.7

Women 400 Meter Hurdles				
Facility: 59.28 F 2023		Gwen Shepardson		
AARTFC: 1:07.00 A				
Name		Yr	School	Finals
Finals				
1	Luca Pecora	JR	Ithaca	1:07.83
2	Delaney Porter	JR	Bloomsburg	1:08.73
3	Denicia German	FR	Susquehanna	1:13.32
4	Yamilet Ferrufino	SR	Bloomsburg	1:25.75
5	Malak Mowafi	JR	PSU-Schuylki	1:31.35

Women 3000 Meter Steeplechase				
Facility: 10:30.04 F 2023		Rachel Hirschkind		
AARTFC: 12:00.00 A				
Name		Yr	School	Finals
Finals				
1	Julia Magee	SR	Bloomsburg	13:23.17
2	Malak Mowafi	JR	PSU-Schuylki	15:33.42
---	JiaYi Gong	SO	PSU-Schuylki	DNF

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Results

Women 4x100 Meter Relay

Facility: 46.69 F 2023 Rochester

K Isaac, S Bansbach, A Heffernan, M O'Connell

AARTFC: 50.00 A

Team	Relay	Finals
Finals		
1 Susquehanna	A	50.28
1) Addison Yaukey JR	2) Remi Acord JR	
3) Ashley Newman SO	4) Alexa Rine SR	
2 Ithaca	A	51.03
1) Devan Adegbile SR	2) Ava Butler FR	
3) Tayla Hummel FR	4) Rachel Larson SO	
3 Delaware Valley	A	52.44
1) Grace Kane SO	2) Olivia Smiarowska FR	
3) Zariah Prescott FR	4) Kelly Hastings SR	
--- Ithaca	B	DNS
1) Claudia Chong FR	2) Jordyn Dolan JR	
3) Natalie MacArthur JR	4) Julia Ryba FR	

Women 4x400 Meter Relay

Facility: 3:45.34 F 2023 Rochester

K Isaac, K Hardy, M Bell, S Bansbach

AARTFC: 4:08.00 A

Team	Relay	Finals
Finals		
1 Ithaca	B	4:12.33
1) Devan Adegbile SR	2) Carolina Cedraschi SO	
3) Julia Ryba FR	4) Luca Pecora JR	
2 Susquehanna	A	4:14.34
1) Ashley Newman SO	2) Caitlyn Kuhn SR	
3) Liza Levin JR	4) Chloe Yoder SR	
3 Ithaca	A	x4:15.39
1) Giana Haubrich JR	2) Emily Johnson JR	
3) Joy Petersen SO	4) Lyla Powers FR	
4 Susquehanna	B	x4:39.37
1) Victoria Urbaez FR	2) Katie Wojton FR	
3) Gabby Howe FR	4) Carmen Moore FR	
5 Marywood	A	4:53.59
1) Hayley Gaines SR	2) Jocelyn Dames SO	
3) Marissa Martin FR	4) Abby Megotz FR	
--- Penn State T&F Club	A	DNS
1) Ashley Goodwin 0	2) Nandini Kumbhojkar 0	
3) Vanessa Tiggelen 0	4) Emma Neskies 0	
--- Delaware Valley	A	DNS
1) Emma East FR	2) Kelly Hastings SR	
3) Zariah Prescott FR	4) Chante Newman SR	

Women High Jump

Facility: 1.72m F 2023 Abby Kates

AARTFC: 1.57m A

Name	Yr	School	Finals
Finals			
1 Madison Armitage	JR	King's (Pa.)	1.57mA
2 Jewel Little	FR	Bloomsburg	1.52m
2 Jenna Horning	SR	Susquehanna	1.52m

4 Lydia Barber	FR	Ithaca	1.52m
5 Celia Ryan	FR	Ithaca	1.47m
6 Isabella Horvath	JR	Bloomsburg	1.42m
7 Nandini Kumbhojkar	0	Penn State T	1.42m
8 Aubrey Mullany		Penn State T	1.37m
8 Victoria Wagner	FR	Bloomsburg	1.37m
--- Emma Wagner	JR	Marywood	NH
--- Daelyn Karboski	JR	Marywood	NH
--- Heather Leskovansky	FR	Lock Haven	DNS
--- Charlotte Houle	FR	Susquehanna	DNS

Women Pole Vault

Facility: 3.85m F 2023 Madeline O'Connell

AARTFC: 3.30m A

Name	Yr	School	Finals
Finals			
1 Alison Sponseller	FR	Susquehanna	2.75m
2 Remington Walter	FR	Delaware Val	2.60m
3 Heather Leskovansky	FR	Lock Haven	2.45m
3 Katie Cammarata	SO	Susquehanna	2.45m
3 Hannah Gerhart	SO	Bloomsburg	2.45m
--- Elizabeth Porto	JR	King's (Pa.)	NH
--- Sarah Bower	JR	Susquehanna	DNS
--- Sophia Bostwick	FR	Susquehanna	DNS

Women Long Jump

Facility: 5.87m F 2016 Kaylee Caruso

AARTFC: 5.35m A

Name	Yr	School	Finals
Finals			
1 Remi Acord	JR	Susquehanna	5.54mA1.6
2 Chloe Yoder	SR	Susquehanna	5.32m 0.6
3 Devin Hubler	SO	Bloomsburg	5.17m 2.6
4 Jordyn Dolan	JR	Ithaca	5.00m +0.0
5 Nandini Kumbhojkar	0	Penn State T	4.74m +0.0
6 Emma Neskies	0	Penn State T	4.62m -0.4
7 Sydney Beaverson	SR	Bloomsburg	4.47m +0.0
8 Jenna Horning	SR	Susquehanna	4.45m +0.0
9 Ashley Goodwin	0	Penn State T	4.43m +0.0
--- Madelynn Perfilio	SO	King's (Pa.)	FOUL
--- Melissa Sicinski	SR	Bloomsburg	DNS NWI
--- Daelyn Karboski	JR	Marywood	DNS NWI

Women Triple Jump

Facility: 12.59m F 2023 Victoria Kadiri

AARTFC: 11.00m A

Name	Yr	School	Finals
Finals			
1 Julia Acevedo	SR	Susquehanna	11.20mA0.1
2 Devin Hubler	SO	Bloomsburg	11.05mA1.0
3 Ashanti Stanley	SR	Ithaca	10.85m +0.0
4 Emma Neskies	0	Penn State T	10.76m -0.1
5 Hannah Alderfer	JR	Susquehanna	10.69m +0.0
6 Alexis Brown	FR	Ithaca	10.67m -1.2
7 Sydney Beaverson	SR	Bloomsburg	10.19m -0.2
8 Marissa Martin	FR	Marywood	9.85m +0.0

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Finals ... (Women Triple Jump)

Name	Yr	School	Finals
9 Aubrey Mullany		Penn State T	9.67m 0.2
10 Cameron Hoover	FR	Bloomsburg	9.67m 0.5
11 Grace Croft	FR	Ithaca	9.55m +0.0
--- Daelyn Karboski	JR	Marywood	DNS NWI
--- Madelynn Perfilio	SO	King's (Pa.)	DNS NWI
--- Emma Wagner	JR	Marywood	DNS NWI

Women Shot Put

Facility: 13.89m F 2016 Victoire Kothor

AARTFC: 12.00m A

Name	Yr	School	Finals
Finals			
1 Brandy Varner	SO	King's (Pa.)	11.80m
2 Madison Baudille	SR	Bloomsburg	11.77m
3 Maggie Boyer	SR	Susquehanna	11.35m
4 Becca Martin	JR	Bloomsburg	11.14m
5 Delaney Hilferty	JR	King's (Pa.)	10.72m
6 Veronica McClelland	JR	King's (Pa.)	10.25m
7 Megan Hauser	FR	PSU-Schuylki	9.77m
8 Caitlin Kirk	FR	King's (Pa.)	9.69m
9 Keira Carbone	FR	Susquehanna	9.50m
10 Paulina Biagioni	SO	Susquehanna	9.43m
11 Bella Dauberman	FR	Susquehanna	9.33m
12 Emma Szabo	FR	Susquehanna	9.29m
13 Rebecca Cree	SO	Susquehanna	9.02m
14 Catherine Sirignano	FR	Susquehanna	8.85m
15 Brittney Svendsen	FR	Delaware Val	8.48m
16 Kaitlyn Jones	JR	Delaware Val	8.35m
17 Ainslee Binkley	SO	Susquehanna	8.31m
18 Abigail Haskell	FR	Susquehanna	8.03m
19 Caleigh Brumbaugh	FR	Delaware Val	7.37m
20 Chelsea Veith	SR	Susquehanna	6.48m

Women Discus Throw

Facility: 46.95m F 2023 Isabelle Meckes

AARTFC: 38.00m A

Name	Yr	School	Finals
Finals			
1 Caitlin Kirk	FR	King's (Pa.)	34.06m
2 Maggie Boyer	SR	Susquehanna	32.39m
3 Katelyn Shoemaker	SO	King's (Pa.)	32.37m
4 Rhian Crowley	FR	King's (Pa.)	32.21m
5 Rebecca Cree	SO	Susquehanna	31.85m
6 Megan Hauser	FR	PSU-Schuylki	30.72m
7 Paulina Biagioni	SO	Susquehanna	29.52m
8 Keira Carbone	FR	Susquehanna	28.15m
9 Grace Rizzo	FR	Bloomsburg	26.93m
10 Brittney Svendsen	FR	Delaware Val	26.89m
11 Bella Dauberman	FR	Susquehanna	26.47m
12 Emma Szabo	FR	Susquehanna	25.89m
13 Isabelle Lebrun	SO	King's (Pa.)	24.56m
14 Catherine Sirignano	FR	Susquehanna	23.54m
15 Abigail Haskell	FR	Susquehanna	23.52m
16 Caleigh Brumbaugh	FR	Delaware Val	22.38m

17 Dianna Duncan	SO	King's (Pa.)	22.25m
18 Chelsea Veith	SR	Susquehanna	20.97m
19 Lucia Anawalt	SO	Marywood	20.38m
--- Alyssa Dalmagro	SR	Bloomsburg	FOUL
--- Alyssa VanGorder	SO	Lock Haven	DNS
--- Jenna Horning	SR	Susquehanna	DNS

Women Hammer Throw

Facility: 56.92m F 2023 Emily Galvin

AARTFC: 45.00m A

Name	Yr	School	Finals
Finals			
1 Katelyn Shoemaker	SO	King's (Pa.)	52.07mA
2 Delaney Hilferty	JR	King's (Pa.)	45.97mA
3 Maggie Boyer	SR	Susquehanna	45.16mA
4 Anna Bellucci	JR	King's (Pa.)	44.24m
5 Briannan Eckard	JR	Bloomsburg	41.78m
6 Madison Baudille	SR	Bloomsburg	41.66m
7 Caitlin Kirk	FR	King's (Pa.)	41.42m
8 Brandy Varner	SO	King's (Pa.)	40.56m
9 Rhian Crowley	FR	King's (Pa.)	39.47m
10 Paulina Biagioni	SO	Susquehanna	38.53m
11 Alyssa VanGorder	SO	Lock Haven	38.46m
12 Delaynee McLeod	SR	Susquehanna	36.89m
13 Keira Carbone	FR	Susquehanna	36.46m
14 Kaitlyn Jones	JR	Delaware Val	35.85m
15 Emma Szabo	FR	Susquehanna	34.87m
16 Alyssa Dalmagro	SR	Bloomsburg	34.78m
17 Catherine Sirignano	FR	Susquehanna	33.10m
18 Rebecca Cree	SO	Susquehanna	32.16m
19 Laurie Thompson	FR	Lock Haven	31.75m
20 Ainslee Binkley	SO	Susquehanna	28.56m
21 Chelsea Veith	SR	Susquehanna	24.85m
22 Abigail Haskell	FR	Susquehanna	23.10m
--- Bella Dauberman	FR	Susquehanna	FOUL

Women Javelin Throw

Facility: 56.21m F 2018 Maura Fiamoncini

AARTFC: 34.50m A

Name	Yr	School	Finals
Finals			
1 Katelyn Shoemaker	SO	King's (Pa.)	37.63mA
2 Delaynee McLeod	SR	Susquehanna	34.63mA
3 Ainslee Binkley	SO	Susquehanna	34.23m
4 Clara Dellinger	FR	Bloomsburg	30.16m
5 Paulina Biagioni	SO	Susquehanna	29.88m
6 Celia Ryan	FR	Ithaca	28.13m
7 Keira Carbone	FR	Susquehanna	27.87m
8 Brittney Svendsen	FR	Delaware Val	22.27m
9 Isabelle Lebrun	SO	King's (Pa.)	21.25m
10 Lydia Barber	FR	Ithaca	18.58m
11 Dianna Duncan	SO	King's (Pa.)	16.14m
--- Bella Dauberman	FR	Susquehanna	FOUL
--- Abbey Hengst	FR	Bloomsburg	DNS
--- Becca Martin	JR	Bloomsburg	DNS

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Results

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1	Cecelia LaBonte	SO Ithaca	27.15 699
2	Victoria Zultevicz	JR King's (Pa.)	27.27 690
3	Julia Acevedo	SR Susquehanna	28.26 610
4	Elli Cloutier	FR Ithaca	28.34 604
5	Lilly Slater	SO Bloomsburg	28.74 574
6	Madeleine Wright	FR Ithaca	29.73 501
7	Victoria Leak	FR Grove City	29.86 492
8	Bailey Corrigan	JR Bloomsburg	30.09 476
9	Georgia Mercer	SO Gettysburg	30.48 449
10	Katie Widmer	SR Houghton	30.64 438
11	Lea Del Grippo	FR Gettysburg	30.68 436
12	Remington Walter	FR Delaware Val	30.80 428
13	Neve Tilley	FR Houghton	31.55 379
14	Charlotte Houle	FR Susquehanna	31.78 365
15	Grace Lippincott	FR Bloomsburg	33.51 265

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1	Aurielle Brunner	JR Chatham	25.72 822
2	Lorna Speigle	SR Slippery Rock	26.27 774
3	Lydia Latimer	SR Slippery Rock	26.31 770
4	Kat Henderson	SR California (Pa.)	27.09 704
5	Hannah Alderfer	JR Susquehanna	27.13 701
6	Nicola Pugge	JR Shippensburg	27.68 656
7	Kyli Moon-Rumsey	JR Shippensburg	27.73 652
8	Madelyn Miller	SO Slippery Rock	27.79 647
9	Toni Denmark	SR Walsh	27.81 646
10	Tatum Hoffman	SO California (Pa.)	27.92 637
11	Leighanne Swan	FR Slippery Rock	28.58 586
12	Leah Perry	JR Clarion	28.82 568
13	Bethany Conant	SO California (Pa.)	30.46 450
---	Alison Lamoreaux	SR Slippery Rock	DNS -2.4

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Yr	School	Finals
Finals			
1	Aurielle Brunner	JR Chatham	2:24.66 761
2	Lydia Latimer	SR Slippery Rock	2:25.03 756
3	Lorna Speigle	SR Slippery Rock	2:29.36 701
4	Kat Henderson	SR California (Pa.)	2:32.04 668
5	Leighanne Swan	FR Slippery Rock	2:33.90 645
6	Nicola Pugge	JR Shippensburg	2:34.68 635
7	Hannah Alderfer	JR Susquehanna	2:36.40 615
8	Madelyn Miller	SO Slippery Rock	2:43.11 538
9	Tatum Hoffman	SO California (Pa.)	2:43.55 533
10	Toni Denmark	SR Walsh	2:47.56 489
11	Leah Perry	JR Clarion	2:49.31 471
12	Bethany Conant	SO California (Pa.)	2:59.09 374
13	Kyli Moon-Rumsey	JR Shippensburg	3:05.25 318
---	Alison Lamoreaux	SR Slippery Rock	DNS

Heptathlon: #7 Women 800 Meter Run Heptathlon

Name	Yr	School	Finals
Finals			
1	Madeleine Wright	FR Ithaca	2:35.80 622
2	Cecelia LaBonte	SO Ithaca	2:37.79 598
3	Julia Acevedo	SR Susquehanna	2:40.16 571
4	Elli Cloutier	FR Ithaca	2:41.92 551
5	Victoria Zultevicz	JR King's (Pa.)	2:42.44 545
6	Bailey Corrigan	JR Bloomsburg	2:44.14 526
7	Katie Widmer	SR Houghton	2:44.82 519
8	Georgia Mercer	SO Gettysburg	2:45.35 513
9	Lilly Slater	SO Bloomsburg	2:49.52 469
10	Charlotte Houle	FR Susquehanna	3:00.40 361
11	Lea Del Grippo	FR Gettysburg	3:03.51 333
12	Neve Tilley	FR Houghton	3:09.05 286
13	Victoria Leak	FR Grove City	3:13.88 247
14	Remington Walter	FR Delaware Val	3:19.91 202
---	Grace Lippincott	FR Bloomsburg	DNS

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1	Hannah Alderfer	JR Susquehanna	14.80 868
2	Nicola Pugge	JR Shippensburg	15.32 800
3	Leah Perry	JR Clarion	15.33 799
4	Lydia Latimer	SR Slippery Rock	15.58 767
5	Madelyn Miller	SO Slippery Rock	15.60 764
6	Kat Henderson	SR California (Pa.)	15.62 762
7	Tatum Hoffman	SO California (Pa.)	15.80 739
8	Kyli Moon-Rumsey	JR Shippensburg	15.88 729
9	Lorna Speigle	SR Slippery Rock	15.94 722
10	Leighanne Swan	FR Slippery Rock	16.30 678
11	Toni Denmark	SR Walsh	16.32 676
12	Alison Lamoreaux	SR Slippery Rock	16.62 640
13	Aurielle Brunner	JR Chatham	16.79 620
14	Bethany Conant	SO California (Pa.)	17.47 544

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1	Victoria Zultevicz	JR King's (Pa.)	15.80 739
2	Cecelia LaBonte	SO Ithaca	15.96 719
3	Julia Acevedo	SR Susquehanna	16.36 671
4	Madeleine Wright	FR Ithaca	17.77 512
5	Bailey Corrigan	JR Bloomsburg	17.80 509
6	Lea Del Grippo	FR Gettysburg	18.16 472
7	Lilly Slater	SO Bloomsburg	18.46 442
8	Katie Widmer	SR Houghton	18.79 410
9	Remington Walter	FR Delaware Val	19.06 385
10	Georgia Mercer	SO Gettysburg	19.34 359
11	Charlotte Houle	FR Susquehanna	19.54 341
12	Elli Cloutier	FR Ithaca	19.59 337
13	Neve Tilley	FR Houghton	19.68 329
14	Victoria Leak	FR Grove City	19.73 325
15	Grace Lippincott	FR Bloomsburg	22.13 150

Susquehanna River Hawk Multi & Invitational

Doug Arthur Stadium - 4/11/2024 to 4/13/2024

Results

Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Kat Henderson	SR	California (Pa.)	1.63m 771
1 Aurielle Brunner	JR	Chatham	1.63m 771
3 Lydia Latimer	SR	Slippery Rock	1.60m 736
4 Leah Perry	JR	Clarion	1.57m 701
5 Toni Denmark	SR	Walsh	1.54m 666
5 Tatum Hoffman	SO	California (Pa.)	1.54m 666
7 Leighanne Swan	FR	Slippery Rock	1.51m 632
8 Madelyn Miller	SO	Slippery Rock	1.48m 599
8 Lorna Speigle	SR	Slippery Rock	1.48m 599
8 Nicola Pugge	JR	Shippensburg	1.48m 599
11 Bethany Conant	SO	California (Pa.)	1.45m 566
12 Hannah Alderfer	JR	Susquehanna	1.39m 502
12 Kyli Moon-Rumsey	JR	Shippensburg	1.39m 502
--- Alison Lamoreaux	SR	Slippery Rock	NH

Heptathlon: #2 Women High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Cecelia LaBonte	SO	Ithaca	1.54m 666
1 Madeleine Wright	FR	Ithaca	1.54m 666
3 Charlotte Houle	FR	Susquehanna	1.48m 599
4 Victoria Leak	FR	Grove City	1.42m 534
5 Bailey Corrigan	JR	Bloomsburg	1.39m 502
5 Julia Acevedo	SR	Susquehanna	1.39m 502
5 Victoria Zultevicz	JR	King's (Pa.)	1.39m 502
8 Lilly Slater	SO	Bloomsburg	1.36m 470
9 Katie Widmer	SR	Houghton	1.33m 439
9 Elli Cloutier	FR	Ithaca	1.33m 439
9 Lea Del Grippo	FR	Gettysburg	1.33m 439
12 Georgia Mercer	SO	Gettysburg	1.27m 379
13 Grace Lippincott	FR	Bloomsburg	1.21m 321
14 Remington Walter	FR	Delaware Val	1.18m 293
--- Neve Tilley	FR	Houghton	NH

Heptathlon: #5 Women Long Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Nicola Pugge	JR	Shippensburg	5.37m 663
2 Aurielle Brunner	JR	Chatham	5.36m 660
3 Hannah Alderfer	JR	Susquehanna	5.25m 628
4 Kat Henderson	SR	California (Pa.)	5.24m 626
5 Lydia Latimer	SR	Slippery Rock	5.16m 603
6 Tatum Hoffman	SO	California (Pa.)	5.09m 584
7 Lorna Speigle	SR	Slippery Rock	4.94m 543
7 Toni Denmark	SR	Walsh	4.94m 543
9 Leah Perry	JR	Clarion	4.89m 530
10 Madelyn Miller	SO	Slippery Rock	4.87m 524
11 Bethany Conant	SO	California (Pa.)	4.79m 503
12 Leighanne Swan	FR	Slippery Rock	4.38m 398
13 Kyli Moon-Rumsey	JR	Shippensburg	3.63m 227
--- Alison Lamoreaux	SR	Slippery Rock	DNS NWI

Heptathlon: #5 Women Long Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Julia Acevedo	SR	Susquehanna	5.10m 587
2 Cecelia LaBonte	SO	Ithaca	4.85m 519
3 Elli Cloutier	FR	Ithaca	4.73m 487
4 Victoria Zultevicz	JR	King's (Pa.)	4.71m 482
5 Katie Widmer	SR	Houghton	4.70m 479
6 Lilly Slater	SO	Bloomsburg	4.69m 477
7 Bailey Corrigan	JR	Bloomsburg	4.58m 448
8 Madeleine Wright	FR	Ithaca	4.56m 443
9 Victoria Leak	FR	Grove City	4.53m 436
10 Georgia Mercer	SO	Gettysburg	4.46m 418
11 Charlotte Houle	FR	Susquehanna	4.38m 398
12 Remington Walter	FR	Delaware Val	4.03m 315
13 Grace Lippincott	FR	Bloomsburg	3.87m 279
--- Lea Del Grippo	FR	Gettysburg	FOUL
--- Neve Tilley	FR	Houghton	FOUL

Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals
Finals			
1 Nicola Pugge	JR	Shippensburg	11.09m 601
2 Kat Henderson	SR	California (Pa.)	10.76m 579
3 Lorna Speigle	SR	Slippery Rock	10.03m 531
4 Madelyn Miller	SO	Slippery Rock	10.00m 529
5 Hannah Alderfer	JR	Susquehanna	9.85m 520
6 Aurielle Brunner	JR	Chatham	9.47m 495
7 Lydia Latimer	SR	Slippery Rock	9.20m 477
8 Leighanne Swan	FR	Slippery Rock	9.10m 471
8 Tatum Hoffman	SO	California (Pa.)	9.10m 471
10 Toni Denmark	SR	Walsh	9.02m 465
10 Alison Lamoreaux	SR	Slippery Rock	9.02m 465
12 Leah Perry	JR	Clarion	8.37m 423
13 Bethany Conant	SO	California (Pa.)	7.87m 391
14 Kyli Moon-Rumsey	JR	Shippensburg	7.28m 353

Heptathlon: #3 Women Shot Put Heptathlon

Name	Yr	School	Finals
Finals			
1 Lea Del Grippo	FR	Gettysburg	9.50m 497
2 Victoria Leak	FR	Grove City	9.10m 471
3 Georgia Mercer	SO	Gettysburg	8.75m 448
4 Charlotte Houle	FR	Susquehanna	8.68m 443
5 Victoria Zultevicz	JR	King's (Pa.)	8.51m 432
6 Neve Tilley	FR	Houghton	8.19m 412
7 Cecelia LaBonte	SO	Ithaca	7.98m 398
8 Bailey Corrigan	JR	Bloomsburg	7.85m 390
9 Madeleine Wright	FR	Ithaca	7.68m 379
10 Katie Widmer	SR	Houghton	7.62m 375
11 Grace Lippincott	FR	Bloomsburg	6.93m 331
12 Julia Acevedo	SR	Susquehanna	6.92m 330
13 Lilly Slater	SO	Bloomsburg	6.53m 305
14 Elli Cloutier	FR	Ithaca	6.43m 299
15 Remington Walter	FR	Delaware Val	6.30m 290

Susquehanna River Hawk Multi & Invitational**Doug Arthur Stadium - 4/11/2024 to 4/13/2024****Results****Heptathlon: #6 Women Javelin Throw Heptathlon**

Name	Yr	School	Finals
Finals			
1	Victoria Leak	FR Grove City	31.72m 509
2	Lea Del Grippo	FR Gettysburg	27.16m 423
3	Grace Lippincott	FR Bloomsburg	25.53m 392
4	Bailey Corrigan	JR Bloomsburg	24.26m 368
5	Lilly Slater	SO Bloomsburg	24.13m 366
6	Victoria Zultevicz	JR King's (Pa.)	23.23m 349
7	Charlotte Houle	FR Susquehanna	20.87m 305
8	Neve Tilley	FR Houghton	20.80m 304
9	Georgia Mercer	SO Gettysburg	20.69m 302
10	Madeleine Wright	FR Ithaca	20.53m 299
11	Elli Cloutier	FR Ithaca	19.89m 287
12	Julia Acevedo	SR Susquehanna	18.68m 264
13	Cecelia LaBonte	SO Ithaca	17.65m 245
14	Katie Widmer	SR Houghton	15.77m 211
15	Remington Walter	FR Delaware Val	12.25m 147

Heptathlon: #6 Women Javelin Throw Heptathlon

Name	Yr	School	Finals
Finals			
1	Nicola Pugge	JR Shippensburg	32.34m 521
2	Lorna Speigle	SR Slippery Rock	29.53m 468
3	Kat Henderson	SR California (Pa.)	29.43m 466
4	Lydia Latimer	SR Slippery Rock	28.96m 457
5	Hannah Alderfer	JR Susquehanna	26.82m 417
6	Aurielle Brunner	JR Chatham	26.71m 414
7	Madelyn Miller	SO Slippery Rock	25.86m 398
8	Tatum Hoffman	SO California (Pa.)	25.46m 391
9	Kyli Moon-Rumsey	JR Shippensburg	23.25m 349
10	Leah Perry	JR Clarion	21.09m 309
11	Toni Denmark	SR Walsh	20.75m 303
12	Leighanne Swan	FR Slippery Rock	17.24m 238
13	Bethany Conant	SO California (Pa.)	16.24m 219
---	Alison Lamoreaux	SR Slippery Rock	DNS

Women Heptathlon Maroon

Facility: 5017 F 2023		Elizabeth Barre	
Name	Yr	School	Finals
Finals			
1	Cecelia LaBonte	SO Ithaca	3844
2	Victoria Zultevicz	JR King's (Pa.)	3739
3	Julia Acevedo	SR Susquehanna	3535
4	Madeleine Wright	FR Ithaca	3422
5	Bailey Corrigan	JR Bloomsburg	3219
6	Lilly Slater	SO Bloomsburg	3103
7	Victoria Leak	FR Grove City	3014
8	Elli Cloutier	FR Ithaca	3004
9	Katie Widmer	SR Houghton	2871
10	Georgia Mercer	SO Gettysburg	2868
11	Charlotte Houle	FR Susquehanna	2812
12	Lea Del Grippo	FR Gettysburg	2600
13	Remington Walter	FR Delaware Val	2060
14	Neve Tilley	FR Houghton	1710

Women Heptathlon Orange

Facility: 5017 F 2023		Elizabeth Barre	
AARTFC: 3300 A			
Name	Yr	School	Finals
Finals			
1	Kat Henderson	SR California (Pa.)	4576A
2	Lydia Latimer	SR Slippery Rock	4566A
3	Aurielle Brunner	JR Chatham	4543A
4	Nicola Pugge	JR Shippensburg	4475A
5	Lorna Speigle	SR Slippery Rock	4338A
6	Hannah Alderfer	JR Susquehanna	4251A
7	Tatum Hoffman	SO California (Pa.)	4021A
8	Madelyn Miller	SO Slippery Rock	3999A
9	Leah Perry	JR Clarion	3801A
10	Toni Denmark	SR Walsh	3788A
11	Leighanne Swan	FR Slippery Rock	3648A
12	Kyli Moon-Rumsey	JR Shippensburg	3130
13	Bethany Conant	SO California (Pa.)	3047

Men 100 Meter Dash

Facility: 10.63 F 2023		Evan Corcoran	
AARTFC: 11.00 A			
Name	Yr	School	Prelims
Preliminaries			
1	Nolan Kozera	FR Marywood	10.92Q3.3
2	Dominic Santos	FR Susquehanna	11.03Q2.5
3	Jacob Mullery	FR King's (Pa.)	11.08Q2.3
4	Christopher Micca	0 Penn State T	11.09Q3.1
5	Scott Theriot	0 Penn State T	11.12Q2.3
6	Max Boreland	FR Ithaca	11.39Q2.1
7	Sean (Cj) Jones	SO Ithaca	11.00q 3.3
8	Dylan Cassetori	FR Lock Haven	11.09q 2.5
9	Harrison Cronan	FR Bloomsburg	11.15 2.3
10	Alex Boreland	FR Ithaca	11.33 2.3
11	Brennan Shaul	0 Penn State T	11.35 3.1
12	James Banks	0 Penn State T	11.43 2.3
13	Ryan Lindenberg	Penn State T	11.44 3.3
14	Gage Chipeleski	FR Lock Haven	11.48 2.1
15	Otavio Pinheiro	0 Penn State T	11.52 2.3
16	Finn Wenrich	0 Penn State T	11.58 2.3
17	Janiel Taveras	SO Delaware Val	11.66 2.3
18	Jake Dembrow	FR Ithaca	11.68 3.3
19	Ryan Sigler	0 Penn State T	11.69 3.3
20	Matt Custer	JR Marywood	11.70 2.1
21	George Nilson	FR Ithaca	11.71 2.3
22	Dylan Grunwald	FR Delaware Val	11.72 2.1
23	Neville Smith	SR Lock Haven	11.74 2.1
24	Randy Nhim	0 Penn State T	11.77 3.1
25	Jack Brunner	FR Bloomsburg	11.79 2.5
26	Keenan Eure	0 Penn State T	11.83 3.1
27	Keith Green III	SR Susquehanna	11.85 2.3
28	Kenny Rowe	FR Delaware Val	11.86 2.3
29	Zach Piccyk	SO Susquehanna	11.97 2.5
30	Justin Weychert	SO Susquehanna	11.99 2.5

Susquehanna River Hawk Multi & Invitational

Doug Arthur Stadium - 4/11/2024 to 4/13/2024

Results

Preliminaries ... (Men 100 Meter Dash)				
Name	Yr	School	Prelims	
31 Micah Inch	JR	Lock Haven	12.01	2.1
32 Charlie Billard	FR	Ithaca	12.05	2.5
33 Matthew Tomaine	0	Penn State T	12.10	3.1
34 Joshua Wan	SR	Ithaca	12.19	2.3
35 Andrew Olando	FR	Ithaca	12.26	3.1
36 Brett Jeremiah	SO	Ithaca	12.27	2.5
37 Marizu Echewa	0	Penn State T	12.33	2.3
38 Angelo Facciolo	FR	Susquehanna	12.39	2.1
39 Anthony O'Day	FR	Susquehanna	12.41	3.3
40 Kevin McNamara	JR	Ithaca	12.49	3.1
41 Cedar Kimler	0	Penn State T	12.63	3.3
42 Ethan Jennings	FR	PSU-Schuylki	12.75	2.3
43 Isaac Hallock	0	Penn State T	12.84	2.3
44 John Babinsky	SO	King's (Pa.)	12.88	2.3
45 John Wargins	FR	Marywood	12.94	3.3
46 Owen Christou	0	Penn State T	12.97	3.1

Men 100 Meter Dash

Facility:		10.63 F 2023		Evan Corcoran	
AARTFC:		11.00 A			
Name		Yr	School	Finals	
Finals					
1	Nolan Kozera	FR	Marywood	10.96	A1.9
2	Christopher Micca	0	Penn State T	11.00	A1.9
3	Scott Theriot	0	Penn State T	11.06	1.9
4	Dominic Santos	FR	Susquehanna	11.07	1.9
5	Sean (Cj) Jones	SO	Ithaca	11.08	1.9
6	Dylan Cassetori	FR	Lock Haven	11.11	1.9
7	Jacob Mullery	FR	King's (Pa.)	11.22	1.9
8	Max Boreland	FR	Ithaca	11.35	1.9

Men 200 Meter Dash

Facility:		21.61 F 2023		Cameron Summers	
AARTFC:		22.00 A			
Name		Yr	School	Finals	
Finals					
1	Mason Winslow	FR	Susquehanna	22.00	5.1
2	Brennan Shaul	0	Penn State T	22.04	5.1
3	Dominic Santos	FR	Susquehanna	22.07	5.1
4	Christopher Micca	0	Penn State T	22.26	5.1
5	Dylan Cassetori	FR	Lock Haven	22.35	5.1
6	Ezra Miller	JR	Susquehanna	22.35	5.1
7	James Banks	0	Penn State T	22.69	5.1
8	Ryan Lindenberg		Penn State T	22.88	4.0
9	Jacob Mullery	FR	King's (Pa.)	22.95	2.7
10	Carter Smink	SO	Susquehanna	23.13	2.7
11	Lukas Epitropakis	FR	Lock Haven	23.15	4.0
12	Peter Umbenhaur	FR	Bloomsburg	23.24	5.7
13	Alex Boreland	FR	Ithaca	23.26	2.7
14	Finn Wenrich	0	Penn State T	23.35	2.7
15	Ryan Sigler	0	Penn State T	23.37	4.0
16	Gage Chipeleski	FR	Lock Haven	23.39	4.0
17	Jack Brunner	FR	Bloomsburg	23.53	4.0
18	Jake Dembrow	FR	Ithaca	23.60	5.7

19 George Nilson	FR	Ithaca	23.62	3.3
20 Kenny Rowe	FR	Delaware Val	23.96	2.7
21 Matt Custer	JR	Marywood	24.01	5.7
22 Randy Nhim	0	Penn State T	24.09	3.3
23 Alexander Dupont		Penn State T	24.19	3.3
24 Charlie Billard	FR	Ithaca	24.32	3.3
25 Zach Piecyk	SO	Susquehanna	24.36	2.7
26 Lamine Diop	FR	PSU-Schuylki	24.38	4.6
27 Micah Inch	JR	Lock Haven	24.48	3.3
28 Justin Herrmann	FR	Bloomsburg	24.57	4.6
29 Dylan Grunwald	FR	Delaware Val	24.64	5.7
30 Kevin McNamara	JR	Ithaca	24.86	3.3
31 Brett Jeremiah	SO	Ithaca	25.01	5.7
32 Joshua Wan	SR	Ithaca	25.09	5.7
33 Angelo Facciolo	FR	Susquehanna	25.16	5.7
34 Anthony O'Day	FR	Susquehanna	25.59	4.6
35 CJ Shygelski	SO	Marywood	25.78	5.7
36 Andrew Geschickter	SR	Ithaca	25.89	4.6
37 Ethan Jennings	FR	PSU-Schuylki	26.23	4.6
38 John Babinsky	SO	King's (Pa.)	26.55	4.6
39 Keenan Eure	0	Penn State T	26.56	3.3
--- Max Boreland	FR	Ithaca	DNF	4.0
--- Matthew Tomaine	0	Penn State T	DNS	3.3
--- Scott Theriot	0	Penn State T	DNS	4.0
--- Neville Smith	SR	Lock Haven	DNS	2.7
--- Nolan Kozera	FR	Marywood	DNS	4.0
--- Adam Coleman	SO	Delaware Val	DNS	2.7
--- Michael Gallagher		Penn State T	DNS	4.6
--- Elliott Davis	JR	Susquehanna	DNS	5.1

Men 400 Meter Dash

Facility:		47.47 F 2023		Cheickna Traore	
AARTFC:		49.50 A			
Name		Yr	School	Finals	
Finals					
1	Mason Winslow	FR	Susquehanna	51.02	
2	Matt O'Dunlami	JR	Delaware Val	51.27	
3	Alex Reese		Penn State T	52.35	
4	Finn Wenrich	0	Penn State T	53.50	
5	Lukas Epitropakis	FR	Lock Haven	53.84	
6	Otavio Pinheiro	0	Penn State T	54.28	
7	Ian Anderson	FR	Susquehanna	54.70	
8	Alexander Falsone	0	Penn State T	54.85	
9	Ashton Owens	FR	PSU-Schuylki	55.18	
10	Peter Umbenhaur	FR	Bloomsburg	55.63	
11	Travis Lane	JR	King's (Pa.)	56.16	
12	Alex McFalls	FR	Lock Haven	56.34	
13	Carson Lieberman	0	Penn State T	56.44	
14	Michael Gallagher		Penn State T	56.72	
15	Dylan Hartranft	FR	Bloomsburg	57.71	
16	John Stavola	FR	Lock Haven	59.92	
17	CJ Shygelski	SO	Marywood	1:00.70	
---	Adam Coleman	SO	Delaware Val	DNF	
---	Elliott Davis	JR	Susquehanna	DNS	
---	Jake Dembrow	FR	Ithaca	DNS	

Susquehanna River Hawk Multi & Invitational

Doug Arthur Stadium - 4/11/2024 to 4/13/2024

Results

Men 800 Meter Run

Facility: 1:50.59 F 2023

Scott Sikorski

AARTFC: 1:56.00 A

Name	Yr	School	Finals
Finals			
1 Justin Kaufman	SR	Delaware Val	1:56.20
2 Adam Mocho	SO	Ithaca	2:02.28
3 Austin Melius	JR	Lock Haven	2:02.72
4 Evander Lackman	FR	Susquehanna	2:02.88
5 TJ Grenda	JR	Susquehanna	2:03.02
6 Josh Kimotho	JR	Susquehanna	2:03.05
7 Richard Loughran	JR	Bloomsburg	2:03.50
8 Jordan Mann	FR	Bloomsburg	2:04.03
9 Asa Alderman	FR	Susquehanna	2:04.57
10 Skylar Small	FR	Lock Haven	2:05.26
11 Jakob Seamans	FR	Marywood	2:06.41
12 Colton Del Collo	FR	Delaware Val	2:07.12
13 Jack Compton	FR	Susquehanna	2:07.44
14 Eric Dixon	SR	Lock Haven	2:08.23
15 Lukas VanDine	FR	Susquehanna	2:08.57
16 Jack Kelly		Penn State T	2:08.72
17 Kohen Stover	JR	Lock Haven	2:09.08
18 Christan Calderaro	JR	Susquehanna	2:10.11
19 Micah Zellers	SO	Susquehanna	2:10.41
20 Ian Kovatch	JR	Marywood	2:12.48
21 Isaac Hallock	0	Penn State T	2:14.54
22 Matthew Skikus	SO	Delaware Val	2:15.13
23 Micah Weaver		Penn State T	2:18.43
24 Michael Loffredo	FR	Lock Haven	2:18.93
25 Ashton Owens	FR	PSU-Schuylki	2:20.67
26 Andre Starks	0	Penn State T	2:22.84
27 Thomas Petrecca		Penn State T	2:25.12
28 Owen Lomotan	0	Penn State T	2:29.53
29 Owen Christou	0	Penn State T	2:30.66
30 Aramis Rosario Gonzalez	FR	PSU-Schuylki	2:31.87
31 William Hale	FR	Delaware Val	2:34.01
--- Mike Zuzzio	SO	Marywood	DNS

Men 1500 Meter Run

Facility: 3:49.98 F 2023

Colin McLaughlin

AARTFC: 4:00.00 A

Name	Yr	School	Finals
Finals			
1 Ben Buffone	SO	Ithaca	4:12.35
2 TJ Grenda	JR	Susquehanna	4:13.58
3 Evander Lackman	FR	Susquehanna	4:14.77
4 Asa Alderman	FR	Susquehanna	4:17.62
5 Lukas VanDine	FR	Susquehanna	4:22.55
6 Trevor Dix	FR	Ithaca	4:24.25
7 Jakob Seamans	FR	Marywood	4:26.06
8 Dylan Way	FR	Lock Haven	4:27.22
9 Ian Kovatch	JR	Marywood	4:29.62
10 Micah Zellers	SO	Susquehanna	4:30.02
11 Declan Griffin	SR	Susquehanna	4:32.20
12 Matthew Skikus	SO	Delaware Val	4:33.82

13 Matthew Carroll	JR	Bloomsburg	4:34.49
14 Eric Johnson	SO	King's (Pa.)	4:44.27
15 Hunter Valentino	FR	Susquehanna	4:46.19
16 Finn Lehman	FR	Susquehanna	4:48.85
17 Zachary Ryan	SO	Bloomsburg	4:50.94
18 Jon Witcoski	JR	Susquehanna	5:09.13
19 Jack McCamish	JR	Susquehanna	5:09.95
20 Owen Lomotan	0	Penn State T	5:17.69
21 Alex Sakal		Penn State T	5:20.96
22 Karim Eldawody		Penn State T	5:38.89
--- Jack Baronski	JR	Marywood	DNS
--- Raidan Francis	FR	Marywood	DNS
--- Kohen Stover	JR	Lock Haven	DNS
--- Thomas Lee	JR	Marywood	DNS

Men 5000 Meter Run

Facility: 14:25.42 F 2015

Paul Thistle

AARTFC: 15:15.00 A

Name	Yr	School	Finals
Finals			
1 Matthew O	JR	PSU-Schuylki	17:28.19
2 AJ Rosenfeld	FR	Marywood	17:46.62
3 Kenny Battistelli	FR	Susquehanna	18:01.19
4 Andrew McDowell	JR	Susquehanna	18:23.02
5 Thomas O'Keefe	JR	Marywood	18:41.95
6 Matthew Kokinda	JR	Marywood	19:48.60
--- Jayce Corbin	FR	Delaware Val	DNS
--- Ciaran Fisher		SU Alumni	DNS
--- Ben Devine	FR	Marywood	DNS
--- Joseph Cardillo	SO	Marywood	DNS

Men 10000 Meter Run

Facility: 31:09.89 F 2023

Paul Suflita

AARTFC: 32:45.00 A

Name	Yr	School	Finals
Finals			
1 Carter Owen	SR	Delaware Val	35:49.27
2 Alexander Dupont		Penn State T	37:34.26
3 Tony Myers		Penn State T	39:07.74
4 Aramis Rosario Gonzalez	FR	PSU-Schuylki	40:21.85
5 Karim Eldawody		Penn State T	43:07.35
--- Bryce Ryder	SO	Marywood	DNS

Men 110 Meter Hurdles

Facility: 14.30 F 2023

Kwaku Nkrumah

AARTFC: 15.60 A

Name	Yr	School	Finals
Finals			
1 Carter Smink	SO	Susquehanna	14.81A1.6
2 Ezra Miller	JR	Susquehanna	15.18A1.6
3 Justin Herrmann	FR	Bloomsburg	16.08 1.6
4 Blake Shellenberger	SR	Susquehanna	16.91 1.6
5 Richard Rouse	FR	Lock Haven	17.23 1.6
--- John Wargins	FR	Marywood	DNF 1.6
--- Michael Rohosky	0	Penn State T	DNS 1.6
--- Jacob Watson	JR	Lock Haven	DNS 1.6

Susquehanna River Hawk Multi & Invitational

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Results

Men 400 Meter Hurdles

Facility: 52.92 F 2023 **Ben Bulger**
AARTFC: 56.00 A

Name	Yr	School	Finals
Finals			
1 Joseph Napolitano	FR	Ithaca	57.81
2 Robert Wilson	SR	Bloomsburg	58.46
3 Blake Shellenberger	SR	Susquehanna	1:00.07
4 Brody Troy	FR	Delaware Val	1:01.68
5 Justin Weychert	SO	Susquehanna	1:03.59
6 Jacob Watson	JR	Lock Haven	1:05.54
--- Alexander Falsone	0	Penn State T	DNS

Men 3000 Meter Steeplechase

Facility: 9:03.87 F 2023 **Jonthomas Bierman**
AARTFC: 9:45.00 A

Name	Yr	School	Finals
Finals			
1 Aidan Loughlin	SO	Ithaca	10:26.39
--- Harrison Robitzer	SO	Lock Haven	DNS
--- Tony Myers		Penn State T	DNS
--- Patrick Bierach	SR	Ithaca	DNS

Men 4x100 Meter Relay

Facility: 40.37 F 2023 **Rowan**
S Love, J Beasley, N Agyemang, E Corcoran
AARTFC: 43.50 A

Team	Relay	Finals
Finals		
1 Susquehanna	A	43.20A
1) Dominic Santos FR	2) Mason Winslow FR	
3) Austin Hurrell SO	4) Elliott Davis JR	
2 Penn State T&F Club	A	44.23
1) Andre Starks 0	2) James Banks 0	
3) Christopher Micca 0	4) Brennan Shaul 0	
3 Ithaca	A	44.29
1) Max Boreland FR	2) Sean (Cj) Jones SO	
3) Alex Boreland FR	4) Joseph Napolitano FR	
4 Lock Haven	A	45.30
1) Dylan Cassetori FR	2) Gage Chipeleski FR	
3) Micah Inch JR	4) Neville Smith SR	
5 Penn State T&F Club	C	x45.65
1) Edward Grill 0	2) Cedar Kimler 0	
3) Otavio Pinheiro 0	4) Randy Nhim 0	
6 Marywood	A	46.56
1) Matt Custer JR	2) Nolan Kozera FR	
3) CJ Shygelski SO	4) John Wargins FR	
7 Ithaca	B	x46.58
1) Brett Jeremiah SO	2) Charlie Billard FR	
3) Joshua Wan SR	4) Jake Dembrow FR	
8 Penn State T&F Club	D	x49.88
1) Marizu Echewa 0	2) Matthew Tomaine 0	
3) Michael Rohosky 0	4) Owen Christou 0	

--- Delaware Valley	A	DNF
1) Dylan Grunwald FR	2) Kenny Rowe FR	
3) Matt O'Dunlami JR	4) Janiel Taveras SO	
--- Penn State T&F Club	B	DNF
1) Scott Theriot 0	2) Keenan Eure 0	
3) Ryan Sigler 0	4) Finn Wenrich 0	

Men 4x400 Meter Relay

Facility: 3:12.12 F 2023 **Cortland St.**
A Jones, C Goring, H Gavalas, D Knapp
AARTFC: 3:24.00 A

Team	Relay	Finals
Finals		
1 Ithaca	A	3:37.17
1) Adam Mocho SO	2) Ben Buffone SO	
3) Sean (Cj) Jones SO	4) Joseph Napolitano FR	
2 Lock Haven	A	3:41.41
1) Skylar Small FR	2) Austin Melius JR	
3) Ben Streater FR	4) Jacob Watson JR	
3 Penn State T&F Club	A	3:41.72
1) Brennan Shaul 0	2) Alexander Falsone 0	
3) Carson Lieberman 0	4) Andre Starks 0	
4 Susquehanna	A	3:47.34
1) Ian Anderson FR	2) Christan Calderaro JR	
3) Josh Kimotho JR	4) Jack Compton FR	
5 Penn State T&F Club	B	x4:04.72
1) Marizu Echewa 0	2) Owen Lomotan 0	
3) Isaac Hallock 0	4) Michael Rohosky 0	
--- Lock Haven	B	DNS
1) Eric Dixon SR	2) Alex McFalls FR	
3) Michael Loffredo FR	4) John Stavola FR	

Men High Jump

Facility: 2.07m F 2023 **Bryce Ellinger**
AARTFC: 1.94m A

Name	Yr	School	Finals
Finals			
1 Bryce Ellinger	SR	Susquehanna	2.00mA
2 Edward Grill	0	Penn State T	1.89m
3 Marcus Moyer	SO	Susquehanna	1.84m
4 Shaheem Hill	SO	Bloomsburg	1.84m
5 Cody Miller	FR	King's (Pa.)	1.79m
6 Lamine Diop	FR	PSU-Schuylki	1.79m
7 Ben Streater	FR	Lock Haven	1.79m
8 Patrick Bennie	JR	King's (Pa.)	1.64m
--- Kyrie Edwards	SO	PSU-Schuylki	NH
--- Andrew Geschickter	SR	Ithaca	NH
--- Jordan Rife	SO	King's (Pa.)	NH
--- Tucker Indikovic	FR	Marywood	DNS
--- Bilal Abdelnabi	FR	Susquehanna	DNS

Susquehanna River Hawk Multi & Invitational

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Men Pole Vault

Facility:		5.08m F 2023		Dominic Mikula	
AARTFC:		4.45m A			
Name		Yr	School	Finals	
Finals					
1	Isaiah Blatt	SR	Susquehanna	4.50mA	
2	Seth Taub	FR	Susquehanna	4.05m	
3	Thomas Stitt	JR	Susquehanna	3.75m	
4	Steven Cope	FR	PSU-Schuylki	3.75m	
5	Gregory Sommer	FR	Delaware Val	3.60m	
6	Lance Engel	FR	Susquehanna	3.30m	
---	Kevin Smith	SO	Delaware Val	NH	
---	Cole Smeland	FR	Delaware Val	DNS	

Men Long Jump

Facility:		7.36m F 2023		Anthony DiMauro	
AARTFC:		6.80m A			
Name		Yr	School	Finals	
Finals					
1	Austin Hurrell	SO	Susquehanna	6.73m	+0.0
2	Keith Green III	SR	Susquehanna	6.69m	-2.2
3	Cody Miller	FR	King's (Pa.)	6.16m	-0.9
4	Ben Streator	FR	Lock Haven	6.02m	1.0
5	Tucker Indikovic	FR	Marywood	5.95m	+0.0
6	Randy Nhim	0	Penn State T	5.74m	0.8
7	James Holzschuh	FR	King's (Pa.)	5.71m	0.6
8	Richard Rouse	FR	Lock Haven	5.66m	+0.0
9	Josh Leininger	JR	Bloomsburg	5.62m	-2.0
10	Andrew Wasilewski	JR	Bloomsburg	5.31m	1.2
11	Cedar Kimler	0	Penn State T	5.12m	-1.7
12	Vincent Bonavoglia	SO	Marywood	5.07m	0.6
---	Otavio Pinheiro	0	Penn State T	DNS	NWI
---	Neville Smith	SR	Lock Haven	DNS	NWI
---	Kyrie Edwards	SO	PSU-Schuylki	DNS	NWI
---	Jackson Mabry	JR	Susquehanna	DNS	NWI

Men Triple Jump

Facility:		15.19m F 2023		Shevaughn Allen	
AARTFC:		13.50m A			
Name		Yr	School	Finals	
Finals					
1	Edward Grill	0	Penn State T	12.83m	1.5
2	Cody Miller	FR	King's (Pa.)	12.63m	+0.0
3	Andrew Olando	FR	Ithaca	12.30m	0.1
4	Austin Hurrell	SO	Susquehanna	12.30m	0.5
5	Ben Streator	FR	Lock Haven	12.27m	1.4
6	Cedar Kimler	0	Penn State T	12.00m	-0.1
7	Patrick Bennie	JR	King's (Pa.)	11.87m	2.3
8	Josh Leininger	JR	Bloomsburg	11.87m	+0.0
9	James Holzschuh	FR	King's (Pa.)	11.54m	+0.0
---	Andrew Wasilewski	JR	Bloomsburg	FOUL	
---	Richard Rouse	FR	Lock Haven	FOUL	
---	Jackson Mabry	JR	Susquehanna	DNS	NWI
---	Shaheem Hill	SO	Bloomsburg	DNS	NWI
---	Tucker Indikovic	FR	Marywood	DNS	NWI

---	Vincent Bonavoglia	SO	Marywood	DNS	NWI
Men Shot Put					
Facility:		17.17m F 2017		John Lowery	
AARTFC:		14.50m A			
Name		Yr	School	Finals	
Finals					
1	Carnell Kemp	JR	King's (Pa.)	13.83m	
2	Cole Goodwin	SO	Susquehanna	13.45m	
3	Jacob Martinez	FR	King's (Pa.)	12.37m	
4	Tyler Hauk	SR	Susquehanna	11.90m	
5	Jetli Tang	SR	King's (Pa.)	11.66m	
6	Logan Demey	SR	Susquehanna	11.20m	
7	Colin Treacy	FR	Delaware Val	10.75m	
8	Tyler Shotwell	FR	Bloomsburg	10.41m	
9	Tim Kizis	SO	Susquehanna	9.98m	
10	Josh Brown	FR	King's (Pa.)	9.78m	
11	Jeverett Brauer	SO	King's (Pa.)	8.98m	
12	Tyler Roush	FR	Susquehanna	8.91m	
13	Michael Palascak	SO	Delaware Val	8.72m	
---	Ivan Magny-Garcia	FR	PSU-Schuylki	DNS	

Men Discus Throw

Facility: 56.27m F 2019		Cameron Yon	
AARTFC: 43.50m A			
Name	Yr	School	Finals
Finals			
1	Mitchell Maher	Penn State T	46.14mA
2	Tyler Hauk	SR Susquehanna	43.11m
3	Carnell Kemp	JR King's (Pa.)	41.15m
4	Cole Goodwin	SO Susquehanna	40.54m
5	William Spratt	Penn State T	40.01m
6	Colin McCormack	Penn State T	39.41m
7	Garrett Modig	Penn State T	36.71m
8	Josh Brown	FR King's (Pa.)	35.88m
9	Will Kalinich	JR Marywood	35.61m
10	Travis Lane	JR King's (Pa.)	33.04m
11	Justin Hernandez	FR Marywood	31.29m
12	Jacob Martinez	FR King's (Pa.)	30.97m
13	Colin Treacy	FR Delaware Val	30.00m
14	Logan Demey	SR Susquehanna	29.91m
15	Jeverett Brauer	SO King's (Pa.)	27.22m
16	Jetli Tang	SR King's (Pa.)	24.78m

Men Hammer Throw

Facility:		62.84m F 2023		Alex Kristeller	
AARTFC:		49.00m A			
Name		Yr	School	Finals	
Finals					
1	Tyler Hauk	SR	Susquehanna	46.70m	
2	Carnell Kemp	JR	King's (Pa.)	45.19m	
3	Cole Goodwin	SO	Susquehanna	43.32m	
4	Jetli Tang	SR	King's (Pa.)	41.28m	
5	Jack Donchez	SO	Bloomsburg	39.11m	
6	Logan Demey	SR	Susquehanna	37.49m	
7	Jacob Martinez	FR	King's (Pa.)	33.83m	

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Results

Finals ... (Men Hammer Throw)					11	Jalen Ritzert	SO	Westminster	12.43	569
Name Yr School Finals					Decathlon: #5 Men 400 Meter Dash Decathlon					
8 Colin Treacy FR Delaware Val 32.56m					Name Yr School Finals					
9 Kaleb Zimmerman FR Bloomsburg 32.02m					Finals					
Men Javelin Throw					1	Mason Boyd	JR	Shippensburg	49.38	843
Facility: 65.84m F 2013 Jared Minori					2	Robert Lissner	SR	Shippensburg	50.00	815
AARTFC: 50.50m A					3	Brandon Zimmerman	JR	Susquehanna	50.74	781
Name Yr School Finals					4	Thomas Rich	SR	Carnegie Mel	50.90	774
Finals					5	Ben Bulger	JR	Susquehanna	51.91	729
1	Matthew Whitaker	SR	Bloomsburg	57.02mA	6	Ryan Murphy	SO	Shippensburg	52.48	704
2	Tim Kizis	SO	Susquehanna	49.46m	7	Gavin Thomas	SR	Slippery Rock	52.61	698
3	Isaiah Blatt	SR	Susquehanna	49.33m	8	Logan Pfister	JR	California (Pa.)	52.84	688
4	Travis Lane	JR	King's (Pa.)	48.26m	9	Doug Walsh	JR	Bloomsburg	53.31	668
5	Jackson Baldini	JR	Bloomsburg	44.62m	10	Noah Bankert	FR	Shippensburg	54.11	635
6	Will Kalinich	JR	Marywood	44.27m	11	Charles Montross	FR	Susquehanna	57.00	521
7	Billy Mayer	JR	Delaware Val	43.92m	12	Ethan Roe	JR	Susquehanna	59.65	425
8	Tyler Roush	FR	Susquehanna	42.02m	---	Gabe Dunlap	SR	Grove City	DNF	
9	AJ Rosenfeld	FR	Marywood	39.95m	---	Zack Duda	SR	Slippery Rock	DNF	
10	Scott Gartley	JR	Marywood	37.25m	Decathlon: #5 Men 400 Meter Dash Decathlon					
11	Sean (Cj) Jones	SO	Ithaca	36.69m	Name Yr School Finals					
12	Ryan Chambers	FR	Marywood	36.02m	Finals					
---	Alex Bassler	SO	Delaware Val	DNS	1	Matt Lokshin	SO	Ithaca	53.26	671
---	Jack Donchez	SO	Bloomsburg	DNS	2	Noah McKibben	SO	Ithaca	53.34	667
Decathlon: #1 Men 100 Meter Dash Decathlon					3	Ethan Folmer	SO	Slippery Rock	53.71	652
Name Yr School Finals					4	Justin Nienaber	JR	Walsh	54.48	620
Finals					5	Benjamin Power	SR	Delaware Val	55.79	567
1	Brandon Zimmerman	JR	Susquehanna	10.73	6	Andrew Kane	SO	Bloomsburg	55.80	567
2	Logan Pfister	JR	California (Pa.)	11.05	7	Jalen Ritzert	SO	Westminster	56.58	537
3	Mason Boyd	JR	Shippensburg	11.07	8	Michael Stebila	FR	Bloomsburg	56.74	531
4	Ryan Murphy	SO	Shippensburg	11.09	9	Kyle Adams	SR	Slippery Rock	56.86	526
5	Robert Lissner	SR	Shippensburg	11.15	10	Michael Sutera	SR	Gettysburg	57.20	513
6	Zack Duda	SR	Slippery Rock	11.18	11	Stefano Orlando	FR	Gettysburg	1:05.15	255
7	Doug Walsh	JR	Bloomsburg	11.18	Decathlon: #10 Men 1500 Meter Run Decathlon					
8	Thomas Rich	SR	Carnegie Mel	11.19	Name Yr School Finals					
9	Ben Bulger	JR	Susquehanna	11.34	Finals					
10	Charles Montross	FR	Susquehanna	11.44	1	Jalen Ritzert	SO	Westminster	5:07.91	515
11	Gabe Dunlap	SR	Grove City	11.45	2	Andrew Kane	SO	Bloomsburg	5:08.78	510
12	Noah Bankert	FR	Shippensburg	11.56	3	Justin Nienaber	JR	Walsh	5:12.91	488
13	Gavin Thomas	SR	Slippery Rock	11.56	4	Ethan Folmer	SO	Slippery Rock	5:16.69	467
14	Ethan Roe	JR	Susquehanna	12.04	5	Noah McKibben	SO	Ithaca	5:21.41	443
Decathlon: #1 Men 100 Meter Dash Decathlon					6	Michael Stebila	FR	Bloomsburg	5:34.06	380
Name Yr School Finals					7	Matt Lokshin	SO	Ithaca	5:35.93	371
Finals					8	Kyle Adams	SR	Slippery Rock	5:47.68	317
1	Ethan Folmer	SO	Slippery Rock	11.61	9	Stefano Orlando	FR	Gettysburg	6:29.31	157
2	Benjamin Power	SR	Delaware Val	11.62	---	Michael Sutera	SR	Gettysburg	DNF	
3	Justin Nienaber	JR	Walsh	11.64	---	Benjamin Power	SR	Delaware Val	DNF	
4	Matt Lokshin	SO	Ithaca	11.77	Decathlon: #10 Men 1500 Meter Run Decathlon					
5	Andrew Kane	SO	Bloomsburg	11.86	Name Yr School Finals					
6	Noah McKibben	SO	Ithaca	11.91	Finals					
7	Stefano Orlando	FR	Gettysburg	12.07	1	Mason Boyd	JR	Shippensburg	4:53.72	596
8	Kyle Adams	SR	Slippery Rock	12.11	2	Thomas Rich	SR	Carnegie Mel	4:53.84	596
9	Michael Stebila	FR	Bloomsburg	12.19	3	Robert Lissner	SR	Shippensburg	4:56.53	580
10	Michael Sutera	SR	Gettysburg	12.40						

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Finals ... (Decathlon: #10 Men 1500 Meter Run Decathlon)

Name	Yr	School	Finals
4 Doug Walsh	JR	Bloomsburg	5:05.44 529
5 Brandon Zimmerman	JR	Susquehanna	5:09.18 508
6 Ben Bulger	JR	Susquehanna	5:11.35 496
7 Ryan Murphy	SO	Shippensburg	5:14.68 478
8 Logan Pfister	JR	California (Pa.)	5:15.74 472
9 Gavin Thomas	SR	Slippery Rock	5:24.43 427
10 Ethan Roe	JR	Susquehanna	5:27.40 412
11 Noah Bankert	FR	Shippensburg	5:39.00 356
12 Charles Montross	FR	Susquehanna	5:41.55 344
--- Gabe Dunlap	SR	Grove City	DNF
--- Zack Duda	SR	Slippery Rock	DNF

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Yr	School	Finals
Finals			
1 Matt Lokshin	SO	Ithaca	16.39 689
2 Justin Nienaber	JR	Walsh	16.71 655
3 Michael Stebila	FR	Bloomsburg	17.11 613
4 Kyle Adams	SR	Slippery Rock	17.23 600
5 Ethan Folmer	SO	Slippery Rock	17.71 552
6 Benjamin Power	SR	Delaware Val	18.69 460
7 Jalen Ritzert	SO	Westminster	18.70 459
8 Andrew Kane	SO	Bloomsburg	19.16 419
9 Noah McKibben	SO	Ithaca	19.88 359
10 Stefano Orlando	FR	Gettysburg	20.43 316
--- Michael Sutera	SR	Gettysburg	DNF 1.5

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Yr	School	Finals
Finals			
1 Thomas Rich	SR	Carnegie Mel	14.99 851
2 Brandon Zimmerman	JR	Susquehanna	15.52 788
3 Ben Bulger	JR	Susquehanna	15.58 781
4 Mason Boyd	JR	Shippensburg	15.90 744
5 Charles Montross	FR	Susquehanna	15.97 736
6 Robert Lissner	SR	Shippensburg	16.18 713
7 Ryan Murphy	SO	Shippensburg	16.32 697
8 Gavin Thomas	SR	Slippery Rock	16.60 667
9 Doug Walsh	JR	Bloomsburg	16.90 635
10 Logan Pfister	JR	California (Pa.)	17.01 623
11 Noah Bankert	FR	Shippensburg	18.03 521
12 Ethan Roe	JR	Susquehanna	21.71 227
--- Gabe Dunlap	SR	Grove City	DNF 3.2
--- Zack Duda	SR	Slippery Rock	DNF 1.9

Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals
Finals			
1 Michael Stebila	FR	Bloomsburg	1.90m 714
2 Ethan Folmer	SO	Slippery Rock	1.78m 610
3 Kyle Adams	SR	Slippery Rock	1.75m 585
4 Matt Lokshin	SO	Ithaca	1.69m 536
5 Noah McKibben	SO	Ithaca	1.66m 512
5 Jalen Ritzert	SO	Westminster	1.66m 512

7 Benjamin Power	SR	Delaware Val	1.63m 488
8 Stefano Orlando	FR	Gettysburg	1.39m 310
--- Andrew Kane	SO	Bloomsburg	NH
--- Michael Sutera	SR	Gettysburg	NH
--- Justin Nienaber	JR	Walsh	NH

Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals
Finals			
1 Logan Pfister	JR	California (Pa.)	2.03m 831
2 Mason Boyd	JR	Shippensburg	1.91m 723
3 Doug Walsh	JR	Bloomsburg	1.88m 696
4 Ryan Murphy	SO	Shippensburg	1.85m 670
5 Charles Montross	FR	Susquehanna	1.82m 644
5 Zack Duda	SR	Slippery Rock	1.82m 644
5 Brandon Zimmerman	JR	Susquehanna	1.82m 644
5 Noah Bankert	FR	Shippensburg	1.82m 644
5 Thomas Rich	SR	Carnegie Mel	1.82m 644
5 Robert Lissner	SR	Shippensburg	1.82m 644
11 Gavin Thomas	SR	Slippery Rock	1.79m 619
12 Ben Bulger	JR	Susquehanna	1.76m 593
13 Ethan Roe	JR	Susquehanna	1.58m 449
14 Gabe Dunlap	SR	Grove City	1.43m 338

Decathlon: #8 Men Pole Vault Decathlon

Name	Yr	School	Finals
Finals			
1 Robert Lissner	SR	Shippensburg	4.55m 775
2 Mason Boyd	JR	Shippensburg	4.15m 659
3 Thomas Rich	SR	Carnegie Mel	4.05m 631
4 Gavin Thomas	SR	Slippery Rock	3.65m 522
5 Ben Bulger	JR	Susquehanna	3.55m 496
5 Doug Walsh	JR	Bloomsburg	3.55m 496
7 Ryan Murphy	SO	Shippensburg	3.45m 469
8 Logan Pfister	JR	California (Pa.)	3.25m 418
8 Brandon Zimmerman	JR	Susquehanna	3.25m 418
10 Ethan Roe	JR	Susquehanna	3.05m 369
11 Noah Bankert	FR	Shippensburg	2.95m 345
12 Charles Montross	FR	Susquehanna	2.85m 321
13 Zack Duda	SR	Slippery Rock	2.45m 231
--- Gabe Dunlap	SR	Grove City	NH

Decathlon: #8 Men Pole Vault Decathlon

Name	Yr	School	Finals
Finals			
1 Andrew Kane	SO	Bloomsburg	3.70m 535
2 Jalen Ritzert	SO	Westminster	3.60m 509
3 Kyle Adams	SR	Slippery Rock	3.50m 482
4 Matt Lokshin	SO	Ithaca	3.40m 457
5 Noah McKibben	SO	Ithaca	3.30m 431
5 Justin Nienaber	JR	Walsh	3.30m 431
7 Ethan Folmer	SO	Slippery Rock	3.20m 406
8 Benjamin Power	SR	Delaware Val	2.90m 333
9 Michael Stebila	FR	Bloomsburg	2.70m 286
10 Stefano Orlando	FR	Gettysburg	2.60m 264
--- Michael Sutera	SR	Gettysburg	NH

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Results

Decathlon: #2 Men Long Jump Decathlon

Name	Yr	School	Finals
Finals			
1 Gavin Thomas	SR	Slippery Rock	6.95m 802
2 Mason Boyd	JR	Shippensburg	6.82m 771
3 Charles Montross	FR	Susquehanna	6.75m 755
4 Thomas Rich	SR	Carnegie Mel	6.70m 743
5 Logan Pfister	JR	California (Pa.)	6.69m 741
6 Brandon Zimmerman	JR	Susquehanna	6.65m 732
7 Robert Lissner	SR	Shippensburg	6.63m 727
8 Ben Bulger	JR	Susquehanna	6.51m 700
9 Zack Duda	SR	Slippery Rock	6.45m 686
10 Ryan Murphy	SO	Shippensburg	6.27m 646
11 Noah Bankert	FR	Shippensburg	6.22m 635
12 Doug Walsh	JR	Bloomsburg	5.76m 535
13 Ethan Roe	JR	Susquehanna	5.54m 490
14 Gabe Dunlap	SR	Grove City	4.23m 244

Decathlon: #2 Men Long Jump Decathlon

Name	Yr	School	Finals
Finals			
1 Andrew Kane	SO	Bloomsburg	6.32m 657
2 Ethan Folmer	SO	Slippery Rock	6.29m 650
3 Matt Lokshin	SO	Ithaca	5.91m 567
4 Michael Stebila	FR	Bloomsburg	5.83m 550
5 Noah McKibben	SO	Ithaca	5.81m 546
6 Justin Nienaber	JR	Walsh	5.69m 521
7 Kyle Adams	SR	Slippery Rock	5.56m 494
8 Benjamin Power	SR	Delaware Val	5.28m 437
9 Michael Sutera	SR	Gettysburg	5.27m 435
10 Jalen Ritzert	SO	Westminster	4.78m 341
11 Stefano Orlando	FR	Gettysburg	4.77m 339

Decathlon: #3 Men Shot Put Decathlon

Name	Yr	School	Finals
Finals			
1 Justin Nienaber	JR	Walsh	12.55m 640
2 Michael Stebila	FR	Bloomsburg	11.69m 588
3 Benjamin Power	SR	Delaware Val	11.07m 550
4 Matt Lokshin	SO	Ithaca	10.52m 517
5 Ethan Folmer	SO	Slippery Rock	10.22m 499
6 Stefano Orlando	FR	Gettysburg	10.08m 490
7 Jalen Ritzert	SO	Westminster	8.53m 398
8 Kyle Adams	SR	Slippery Rock	8.40m 390
9 Noah McKibben	SO	Ithaca	8.18m 377
10 Andrew Kane	SO	Bloomsburg	8.13m 374
11 Michael Sutera	SR	Gettysburg	7.66m 346

Decathlon: #3 Men Shot Put Decathlon

Name	Yr	School	Finals
Finals			
1 Mason Boyd	JR	Shippensburg	11.72m 589
2 Thomas Rich	SR	Carnegie Mel	11.56m 580
3 Doug Walsh	JR	Bloomsburg	11.14m 554
4 Zack Duda	SR	Slippery Rock	10.75m 531

5 Ben Bulger	JR	Susquehanna	10.19m 497
6 Ryan Murphy	SO	Shippensburg	10.03m 487
7 Brandon Zimmerman	JR	Susquehanna	9.98m 484
8 Logan Pfister	JR	California (Pa.)	9.91m 480
9 Robert Lissner	SR	Shippensburg	9.75m 471
10 Ethan Roe	JR	Susquehanna	9.19m 437
11 Gavin Thomas	SR	Slippery Rock	9.03m 428
12 Charles Montross	FR	Susquehanna	8.91m 420
13 Gabe Dunlap	SR	Grove City	7.95m 363
14 Noah Bankert	FR	Shippensburg	7.55m 340

Decathlon: #7 Men Discus Throw Decathlon

Name	Yr	School	Finals
Finals			
1 Doug Walsh	JR	Bloomsburg	35.28m 569
2 Thomas Rich	SR	Carnegie Mel	34.29m 549
3 Ben Bulger	JR	Susquehanna	32.39m 512
4 Robert Lissner	SR	Shippensburg	31.02m 485
5 Brandon Zimmerman	JR	Susquehanna	29.95m 463
6 Mason Boyd	JR	Shippensburg	29.69m 458
7 Ryan Murphy	SO	Shippensburg	28.96m 444
8 Gavin Thomas	SR	Slippery Rock	28.74m 440
9 Logan Pfister	JR	California (Pa.)	28.57m 436
10 Gabe Dunlap	SR	Grove City	28.11m 427
11 Zack Duda	SR	Slippery Rock	26.34m 393
12 Charles Montross	FR	Susquehanna	26.07m 388
13 Noah Bankert	FR	Shippensburg	21.60m 302
14 Ethan Roe	JR	Susquehanna	20.33m 278

Decathlon: #7 Men Discus Throw Decathlon

Name	Yr	School	Finals
Finals			
1 Justin Nienaber	JR	Walsh	37.72m 618
2 Ethan Folmer	SO	Slippery Rock	29.49m 454
3 Matt Lokshin	SO	Ithaca	28.77m 440
4 Michael Stebila	FR	Bloomsburg	28.59m 437
5 Jalen Ritzert	SO	Westminster	27.14m 409
6 Andrew Kane	SO	Bloomsburg	24.78m 363
7 Kyle Adams	SR	Slippery Rock	24.37m 355
8 Benjamin Power	SR	Delaware Val	23.20m 333
9 Noah McKibben	SO	Ithaca	21.80m 306
10 Stefano Orlando	FR	Gettysburg	21.79m 306
11 Michael Sutera	SR	Gettysburg	18.35m 241

Decathlon: #9 Men Javelin Throw Decathlon

Name	Yr	School	Finals
Finals			
1 Gabe Dunlap	SR	Grove City	53.26m 637
2 Thomas Rich	SR	Carnegie Mel	53.19m 636
3 Logan Pfister	JR	California (Pa.)	49.50m 581
4 Gavin Thomas	SR	Slippery Rock	47.25m 548
5 Doug Walsh	JR	Bloomsburg	46.77m 541
6 Ryan Murphy	SO	Shippensburg	44.16m 503
7 Zack Duda	SR	Slippery Rock	44.14m 502
8 Ben Bulger	JR	Susquehanna	43.32m 490
9 Brandon Zimmerman	JR	Susquehanna	39.60m 436

Susquehanna River Hawk Multi & Invitational

Doug Arthur Stadium - 4/11/2024 to 4/13/2024

Results

Finals ... (Decathlon: #9 Men Javelin Throw Decathlon)

Name	Yr	School	Finals
10 Mason Boyd	JR	Shippensburg	37.75m 410
11 Ethan Roe	JR	Susquehanna	37.48m 406
12 Noah Bankert	FR	Shippensburg	36.04m 385
13 Robert Lissner	SR	Shippensburg	33.94m 355
14 Charles Montross	FR	Susquehanna	25.98m 243

10 Stefano Orlando	FR	Gettysburg	3426
11 Michael Sutera	SR	Gettysburg	2303

Decathlon: #9 Men Javelin Throw Decathlon

Name	Yr	School	Finals
Finals			
1 Michael Stebila	FR	Bloomsburg	49.92m 587
2 Jalen Ritzert	SO	Westminster	41.08m 458
3 Ethan Folmer	SO	Slippery Rock	39.30m 432
4 Kyle Adams	SR	Slippery Rock	39.20m 431
5 Matt Lokshin	SO	Ithaca	38.71m 423
6 Noah McKibben	SO	Ithaca	35.13m 372
7 Stefano Orlando	FR	Gettysburg	33.75m 352
8 Andrew Kane	SO	Bloomsburg	33.73m 352
9 Justin Nienaber	JR	Walsh	30.21m 302
10 Michael Sutera	SR	Gettysburg	22.38m 194
--- Benjamin Power	SR	Delaware Val	FOUL

Men Decathlon Maroon

Facility: 6556 F 2023		Thomas Rich	
Name	Yr	School	Finals
Finals			
1 Thomas Rich	SR	Carnegie Mel	6823F
2 Mason Boyd	JR	Shippensburg	6638F
3 Robert Lissner	SR	Shippensburg	6392
4 Brandon Zimmerman	JR	Susquehanna	6176
5 Logan Pfister	JR	California (Pa.)	6120
6 Ben Bulger	JR	Susquehanna	6080
7 Doug Walsh	JR	Bloomsburg	6044
8 Ryan Murphy	SO	Shippensburg	5939
9 Gavin Thomas	SR	Slippery Rock	5891
10 Charles Montross	FR	Susquehanna	5137
11 Noah Bankert	FR	Shippensburg	4903
12 Ethan Roe	JR	Susquehanna	4136
13 Zack Duda	SR	Slippery Rock	3808
14 Gabe Dunlap	SR	Grove City	2772

Men Decathlon Orange

Facility: 6556 F 2023		Thomas Rich	
AARTFC: 5100 A			
Name	Yr	School	Finals
Finals			
1 Ethan Folmer	SO	Slippery Rock	5452A
2 Matt Lokshin	SO	Ithaca	5368A
3 Michael Stebila	FR	Bloomsburg	5300A
4 Justin Nienaber	JR	Walsh	4998
5 Kyle Adams	SR	Slippery Rock	4809
6 Jalen Ritzert	SO	Westminster	4707
7 Noah McKibben	SO	Ithaca	4682
8 Andrew Kane	SO	Bloomsburg	4456
9 Benjamin Power	SR	Delaware Val	3896